

**PHYSIQUE KINETICS LLC
2020 SESSION RATES INFORMATION**

**WEEKLY RATES PRIVATE TRAINING SESSIONS
REFORMER, TRAPEZE TABLE, CHAIR, SPINE CORRECTOR, LADDER BARREL**



ONE HOUR SESSION RATES

- (1) 60 MINUTE SESSION: **TOTAL: \$80**
- (2) 60 MINUTE SESSIONS: **TOTAL: \$140**
- (3) 60 MINUTE SESSIONS: **TOTAL: \$195**



FORTY-FIVE MINUTE SESSION RATES

- (1) 45 MINUTE SESSION: **TOTAL: \$65**
- (2) 45 MINUTE SESSIONS: **TOTAL: \$120**
- (3) 45 MINUTE SESSIONS: **TOTAL: \$160**



COMBO OPTION:

- (1) 45 MINUTE SESSION+
- (1) 30 MINUTE MAT SESSION: **TOTAL: \$80**

WEEKLY RATES PRIVATE TRAINING SESSIONS PILATES MAT

(1) 30 MINUTE MAT SESSION: **TOTAL: \$25.00**

(2) 30 MINUTE MAT SESSIONS: **TOTAL: \$40.00**

(MAT includes Therabands/Free Weights/Spine Corrector/Bosu Ball)

